

Mil Williams

Citizen Resilience & Total Defence Consultant

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Executive Summary

A bilingual (English/Spanish) defence and security consultant specialising in **citizen resilience, total defence, and the cognitive dimensions of hybrid threats**. Founder and Managing Director of Secrecy One Ltd, a UK-based Total Defence company whose work spans the CTA (UK and Ireland), Sweden, and the wider EU — with a deliberate geographic and strategic emphasis on the Nordic total defence model.

Career trajectory bridges three domains rarely found in a single profile: **academic grounding** in international criminal justice and surveillance-state theory; **founder-level experience** building secrecy-positive technology and policy frameworks for civil-military preparedness; and **operational frontline experience** in volatile, mission-critical environments requiring real-time threat assessment and de-escalation. This combination equips him to operate at the interface where defence-sector expertise meets practical, society-facing delivery.

Sixteen years of professional life in Spain, with subsequent periods of time spent on research in Sweden, provide lived understanding of both EU regulatory landscapes and the Nordic total defence tradition that underpins citizen resilience across the region.

Core competencies: Total Defence strategy & policy | Citizen resilience frameworks | Cognitive warfare & counter-narrative | Hybrid/asymmetric threat analysis | Civil-military preparedness | Cybersecurity & AI threat landscapes | Stakeholder engagement across public, private, and authority sectors | UK–Nordic–EU cross-border collaboration

Sector Alignment

The citizen resilience and total defence sector is structured around three interlocking service domains. Mil's existing work maps directly across all three.

Sector Domain	Relevant Experience
Resilient Total Defence	Authored the "Total Defence in the UK" proposal and implementation blueprint; developed frameworks addressing the cybercrime-to-cyber-warfare continuum; designed the Verify suite for citizen-, SME-, and corporate-level threat mitigation

Sustainable Community Resilience	Sovereign democracy project (i-ve) focused on eliminating "unknown unknowns" in policing, law enforcement, and the cognitive layer underpinning all battlefield domains — directly aligned with the community resilience mission at the heart of the sector
Secure Industry & Infrastructure	White-papers on the weaponisation of centralised AI infrastructures, the hostile use of smart-glasses, and cognitive terrorism as it affects enterprise and institutional security

Professional Experience

Managing Director & Founder — Secrecy One Ltd *June 2026 – Present | UK, with CTA/Sweden/ EU focus*

Founder of a secrecy-positive, Total Defence limited company addressing the intersection of citizen resilience, cognitive security, and hybrid/asymmetric warfare. The company's geographic emphasis on the UK, Ireland, Sweden, and the wider EU reflects a deliberate alignment with Nordic total defence principles and EU-level preparedness frameworks.

Key initiatives and deliverables:

- **"Cybercrime to Cyber-Warfare" Problem Statement & "Total Defence in the UK" Proposal** — A strategic framework and implementation blueprint for translating Nordic-style total defence concepts into a UK context, addressing the persistent gap between larger and smaller organisations' preparedness levels — a gap widely tracked across the sector's annual benchmarking
- **Verify Suite** (secrecyone.co.uk/verify) — Citizen, SME, and corporate applications targeting cognitive terrorism, the weaponisation of centralised AI infrastructures, and the increasingly toxic use of smart-glasses. Designed to deliver simultaneously citizen-friendly and government-friendly security outcomes — reflecting the civil-military dual mandate central to total defence philosophy
- **Sovereign Democracy Project (i-ve)** (secrecyone.co.uk/i-ve) — Focused on eliminating "unknown unknowns" across policing and law enforcement, security and espionage, and the cognitive dimensions underpinning all battlefield domains
- **Published white-papers and platforms** spanning a decade of analysis on cognitive terrorism, hybrid warfare, tech-driven societal resilience, and Nordic/EU defence collaboration: secrecyone.co.uk · i-ve.work · nordification.com · sverige2.earth · gb2earth.com

Managing Director & Founder — Better Biz Me Ltd *2018 – Present | Chester/Manchester, UK*

Director of a UK limited company providing marketing, editorial, and communications services.
Website: qcdocu.com

One-to-One Special Needs Practitioner — St Werburgh's Catholic Primary School 2023 – January 2026 | Birkenhead, UK

Full-time dedicated support for a child with diagnosed ADHD and probable autism. Responsibilities included permanent de-escalation strategies, behavioural risk mitigation, and adapting learning to non-mainstream developmental needs — skills directly transferable to citizen-facing resilience work where vulnerable populations require tailored preparedness communication.

Service-User Support Specialist — Options Autism 2020 – 2023 | Holywell, Wales, UK

Frontline support in mission-critical residential environments for service-users exhibiting sudden violent behaviours. Developed advanced situational awareness, real-time de-escalation, and inter-team safety coordination in high-pressure autism- and mental-health-related settings — operational experience directly relevant to the human factors and crisis-response dimensions of total defence.

Customer-Facing Rail Operations — Stadium TM (Merseyrail) 2019 – 2020 | Liverpool, UK

Customer-facing operations across concourse and platform environments on shifts of up to twelve hours. Public-facing critical infrastructure experience relevant to understanding civilian-facing resilience in transport and mobility contexts.

Crowd Safety Steward — Liverpool Football Club 2016 – 2018 | Liverpool, UK

Real-time crowd safety and traffic management during concurrent postgraduate study. Continuously assessed live security threats to maximise public safety in high-density environments — directly relevant to mass-event resilience planning within the total defence framework.

Education

Institution	Qualification	Period
Liverpool John Moores University, UK	MA, International Criminal Justice	2016–2017
Universidad de Salamanca, Spain	University Master, Publishing	2001–2003
University of Warwick, UK	BA Hons, Film & Literature	1980–1983

MA Dissertation: Total surveillance, the state, and the erosion of presumption of innocence — examining the impact on trust between the governed and governing institutions. [This research](#) directly informs understanding of how surveillance infrastructure and state power shape citizen resilience, a theme central to the sector's work at the intersection of civil liberties and preparedness.

PhD Proposal (submitted, Swedish Defence University): Integration of human cognition and drone warfare. Though not taken forward, the resulting documentation from the submission to the Swedish Defence University itself directly informed the founding of Secrecy One Ltd and its Nordic orientation. | Overview of some of this proposal can be found here: i-ve.work/phd

Languages

- **English** — Native: written, spoken, listening, note-taking

- **Spanish (*castellano*)** — Bilingual: written, spoken, listening, note-taking
- **Russian** — Lower-intermediate: 3 years formal study during residence in Spain; requires approximately 3 months intensive refresher to restore active working competence
- **Croatian** — Intermediate: childhood language acquired from family (mother); requires approximately 3 months intensive refresher to restore active working competence

Thought Leadership & Publications

A portfolio of white-papers, problem statements, and digital platforms spanning over a decade, addressing:

- **Cognitive terrorism** and its impact on democratic institutions and citizen agency
- **Cybercrime as hybrid and asymmetrical warfare** — frameworks for understanding the cybercrime-to-cyber-warfare continuum
- **Total Defence for the UK** — translating Nordic total defence models for the CTA context
- **Sovereign democracy** and the role of secrecy-positive technologies in policing, law enforcement, and intelligence
- **Nordic observations** — on-the-ground analysis from Stockholm (2023) and a wider Sweden (2025) on collaborative approaches to natural justice and societal resilience

Available at: secrecyone.co.uk · i-ve.work · nordification.com · sverige2.earth · gb2earth.com

Key Differentiators

- **Nordic total defence fluency:** Deliberate strategic and geographic focus on Sweden and the Nordic model; PhD proposal submitted to the Swedish Defence University; on-the-ground research and observation in Stockholm
- **Citizen-centric resilience design:** The Verify suite and i-ve project both centre on the citizen–government interface, directly aligned with the sector's mission to ensure organisations, communities, and total defence are well prepared
- **Cognitive warfare specialism:** Coined the term "cognitive terrorism" and has built frameworks around it — a domain increasingly recognised within pan-European hybrid threat counter-networks
- **Civil-military bridge:** Combines academic study of surveillance and state power with operational experience in public safety, crowd management, and mission-critical care environments — the kind of cross-sector perspective essential to whole-of-society resilience
- **Multilingual capacity:** Native English and Spanish fluency, with Russian (formal study) and Croatian (heritage language) requiring refresher courses to reach active operational competence — providing significant linguistic range across NATO, EU, and regional partner contexts
- **Bilingual, cross-cultural operator:** Sixteen years in Spain, subsequent periods of time spent in Sweden, and an ongoing UK base provide practical fluency in European institutional and cultural contexts beyond the Nordic corridor

References available on request.